

UNPLUG

**& BE
OUTSIDE**

MAY 7-14

Challenges



UNPLUG FOR 5
DAYS

TAKE A NATURE
WALK

VISIT A GARDEN,
ZOO OR NATURE
CENTER

TAKE A BIKE
RIDE

DANCE

EXERCISE
OR YOGA

JUMP ROPE

VISIT
A NEW PARK

TRY A NEW
SPORT

VISIT A
FOOTHILLS
HIKING TRAIL

PLAY A YARD
GAME

ATTEND 5 OR
MORE UNPLUG
CLASSES

Send this form back to let us know which challenge you completed with your name, address, phone, email and age. You will get one entry submission for each challenge you complete! Lots of prizes including tickets to Roaring Springs, Bogus Basin and Zoo Boise!

Complete one or all of the challenges!

Send to: Meridian Parks & Recreation 33 E. Broadway Suite 206, Meridian Idaho 83642
or email to rwhite@meridiantcity.org.